

# Wing surges for deployments



Photo by Senior Airman Neo Martin

**Above: Members of the 509th Logistics Readiness Squadron load pallets on to a C-5 Galaxy bound for Andersen Air Force Base, Guam. Right: A B-2 takes off during Red Flag 04-01 Oct. 23, 2003. B-2s from Whiteman are scheduled to leave Saturday for the latest Red Flag at Nellis Air Force Base, Nevada.**

**By Maj. Don Langley**

Public Affairs

Hundreds of Airmen and several B-2 aircraft departed here in recent days, as the 509th Bomb Wing keeps up a heavy pace of operational and exercise commitments.

The 393rd Bomb Squadron took aircraft to Andersen Air Force Base, Guam, this week as part of the ongoing rotation of bomber forces to that island. As the last Airmen left for that deployment, their counterparts from the 325th Bomb Squadron left town to participate in the latest Red Flag exercise at Nellis AFB, Nevada.

Add these movements to the hundreds of individual Airmen from the wing already deployed for Air Expeditionary Force 3 and 4, and you get a personnel tempo not seen since the start of Operation Iraqi Freedom two years ago.

"Executing two major deployments at one time is a huge challenge, and puts our mobility processes to the test," said Capt. Rob Austin, 509th Logistics Readiness Squadron installation deployment officer. "It's been a week of long shifts for our mobility machine, loading aircraft and long haul trailers. But once again, the wing came together and got the job done."

The deployment to Guam marks the entrance of the B-2 into the mainstream of AEF planning, according to Maj. Al Miller, 509th Bomb Wing plans office. The aircraft's only

other operational deployment was two years ago, as a contingency to support Operation Iraqi Freedom. The 509th BW conducted combat operations both from here and a forward location during that air campaign, and the B-2 was declared a fully operational capable weapon system by the Air Force in December 2003. That declaration marked the eligibility of the B-2 for normal rotational taskings under the AEF system, said Maj. Miller.

"We are now programmed in the mix of forces available to all combatant commanders throughout the world," said Col. Chris Miller, 509th BW commander. "For more than a year, the bomber force has supported a continual presence at Andersen to help maintain the peace and stability of the Pacific region. We're now a part of that team effort, helping shoulder the responsibility alongside our fellow Airmen with the B-1s and B-52s."

"The next few weeks are one of the larger tests we've faced as a unit," said Lt. Col. Scott Young, 509th Operations Group deputy commander. "For the first time, we'll be executing flight operations in three locations at the same time: at home, at Andersen, and at Nellis."

"With only 21 aircraft in the fleet, it takes an extraordinary effort by our maintainers to keep pace with the demands of the flying schedule," said Col. Chris Matson, 509th Maintenance Group commander. "But the history of this unit is one of 'can-do.' We seem to set a new record for flying hours every year. The first split ops during Oper-

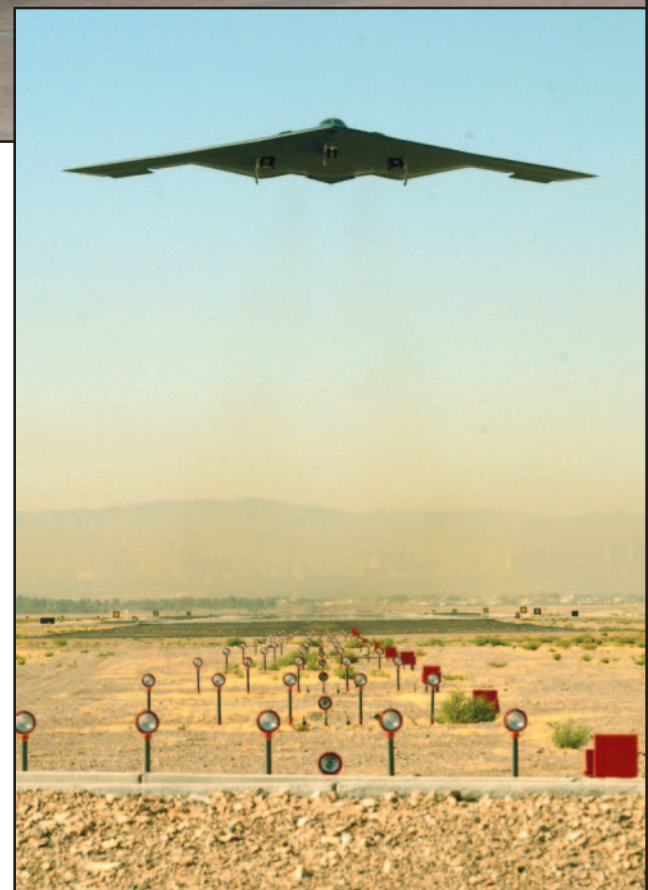


Photo by Michael Nixon

ation Iraqi Freedom was a wartime success. Every time we stretch, we grow, and we find out just what this aircraft and the amazing people who support it are capable of."



# Commander's Corner

By Col. Chris Miller  
509th Bomb Wing Commander

**WHITEMAN WORLDWIDE.** The 509th has turned the phrase "any time, any place," into "every place, all the time." Hundreds of our teammates have been deployed overseas the past two months as part of Air and Space Expeditionary Forces 3 and 4.

We added to that pace this week with the departure of the 393rd Bomb Squadron for Guam and the 325th Bomb Squadron to Nellis Air Force Base for Red Flag.

For the first time we're operating B-2s in three separate locations, thousands of miles apart, at the same time. Our fellow 509ers are supporting operations from Cuba to Kazakhstan, and dozens of locations in between.

Like a duck paddling hard below the water, you make it look easy, even though it's far from it. It takes a higher level of commitment to keep up the pace. We're a small wing with an even smaller fleet of aircraft. Thanks to your devoted work every day; that small investment pays big dividends. Think about it: at the same time, we are supporting peace and stability in the Pacific, helping hone our combat edge in Nevada, providing a backbone of

expertise for deployed units across the globe, AND remaining available to do the mission from Whiteman. It's no wonder so many people are surprised to learn there are only 21 B-2s! Physically, we're limited to how many places we can be at the same time. But our presence — and more importantly, our capability — is known worldwide.

To all of our family members: Especially since the terrorist attacks over three years ago, our Airmen have been in high demand. We've continued the cycles of exercises and inspections, while maintaining a level of overseas operations not seen in a generation. This is as hard on you as the work is on your military member; but during times of family separation, *you are not alone*. Your squadron's first sergeant, commander, and the Family Support Center are all there to assist you with the challenges of deployments. Often, they'll be there without asking, but ask if you need help! Thank you for loaning your loved ones to the service of their nation; be patient — they'll be home when possible and they're doing important work.

509ers — both Airmen and families: our wing's motto — "follow us" — means something because *you* make it happen.



Photo by Senior Airman Neo Martin

**Col. Chris Miller, 509th Bomb Wing commander, speaks to wing members before their deployment to Andersen Air Force Base, Guam, Tuesday.**

## Delegation: an important tool for leaders, followers

By Capt. Michael Taylor  
509th Services Squadron

My first thought when told I was writing this article was how I could delegate it to someone else. Then I realized I was trapping myself into dumping rather than delegating. Some hard charging leaders are often too suspicious to abandon themselves to the consequences of real delegating. On the other hand, some view delegation as shirking their duty rather than an act of involvement.

I believe we need to think more carefully about what delegation ought to bring to our own and others' career development and the need to involve those with special talents. We need to ask ourselves what delegation ought to accomplish in the work of our organizations. The good work of leadership requires us to think seriously about the art of delegation and to practice that art diligently.

To be a good leader and a poor delegator is a contradiction in terms. Delegation is one of the ways leaders enable their people to participate, grow, and reach toward their potential. It's great for personal development because it gives people the opportunity to learn by doing, to take risks and to become comfortable with the consequences of their own performance. No one can reach their potential without this process.

Delegation is central to participation and growth, to working and being accountable. Delegation is both an essential organizational function and an important tool to followers. Like other aspects of leadership, delegation can be risky and it takes preparation and commitment.

We reveal our attitude in the way in which we delegate. By delegating, a leader is saying, "I am confident in you enough to make you accountable and you have the right to be part of this task."

Delegation is one way of dealing with the increasing complexity in organizations. Obviously, one reason to delegate is to get the work done, done well and on time. But it brings diversity to the unit and also gives the organization strength. Every leader has limitations; no one person can be all things to the organization. Any leader who limits their organization to the talents and time of the leader seriously handicaps the group. So we must surrender ourselves to the talents other people bring to the game. We must become vulnerable to every person's need for the opportunity to do their best.

Delegation requires the leader to clearly state the vision and have clear expectations, goals and requirements. A leader must give responsibility and accountability and explain the risks. The leader allows the follower to grow. The leader gives roots while at the same time giving wings.

The leader must provide information to the delegate because they need to know their authority and accountability. They need to know how much "turf" is involved. They need to know the who, what and when of the project, not the how — that's what the delegate brings. They need all the information the leader has and the sum of a leader's wisdom regarding the project. Good delegation requires the leader to become a mentor.

Delegates need a high degree of clarity and access

from the leader. They need to be assured they will have the leader's time and involvement at certain stages of the project. They need to be certain the leader is committed to their success.

Don't underestimate the importance of communication during the delegation process. Leaders encourage their delegates through both words and behavior. Leaders educate delegates to give meaning and direction to the process and enable them to respond to the demands of responsibility. The leader's communication can only be effective if it is scrutinized, questioned and clarified. This kind of communication includes chances for review. Leaders coach and connect without assuming responsibility, accountability or a share of the work. Leaders delegate completely or not at all.

Leaders cannot delegate everything, they must bear the responsibility of picking the delegate, and they cannot delegate their own responsibilities. Leaders keep the same ground rules over the course of the work. Naturally, some things may change during a project, but the basic assumptions under which a delegate is working don't change.

A delegate must keep the leader informed. This benefits both the leader and the delegate. It builds their relationship and lets the delegate learn from the leader. Of course, the leaders must make themselves available. At the end of the project, the leader must give an honest evaluation of the results and reward a job well done.

After reading this article, you're probably thinking, "I wish he would have delegated it."

### Editorial Staff

509th BW Commander ..... Col. Chris Miller  
Chief, Public Affairs ..... Maj. Don Langley  
Chief, Internal Information . . Senior Airman Neo Martin  
Editor ..... Senior Airman Joe Lacdan  
Staff writer ..... Airman Jason Burton  
Staff writer ..... Melissa Klinkner

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**The deadline for article submissions to the *Whiteman Spirit* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.**

For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.AF.mil or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111  
Whiteman AFB, Mo. 65305





Courtesy photo

## The final alarm

Firefighters here hold a one-minute "final alarm" ceremony Feb. 16 honoring Staff Sgt. Ray Rangel who died while attempting to rescue two Soldiers after their Humvee overturned in a canal in Iraq. Officials estimate more than 3,900 active-duty firefighters, countless civilian firefighters and thousands of other servicemembers at Air Force installations around the world participated in the ceremony. Sergeant Rangel was stationed here from March 1998 until Sept. 2001 as a 509th Civil Engineer Squadron fireman.

## Deployed troops given tax credit options

By Gerry Gilmore

American Forces Press Service

WASHINGTON (AFP) — Servicemembers receiving federal tax exemptions for some or all of their military pay may now elect to apply for certain tax credit options, the chief of the Armed Forces Tax Council announced Feb. 17. Troops deployed to combat zones can now apply for tax refunds based on earned income tax credits, as well as additional child tax credits, said Army Lt. Col. Janet Fenton, the council's executive director. The council monitors and coordinates tax issues involving active-duty and reserve-component servicemembers.

The earned income credit, Colonel Fenton said, primarily involves lower-income filers with children. The additional child tax credit, she said, may provide refunds for children younger than age 17.

Servicemembers who want to apply for the credit refunds are required to fill out and file a federal tax return, she said.

Enlisted troops serving in combat areas already have all of their military pay excluded from federal taxes, Colonel Fenton said, while officers in combat zones can exclude as much as \$6,529 of their monthly pay.

Troops deployed to noncombat overseas areas have

until June 15 to file their income taxes, she said.

Troops serving in a combat zone, the colonel said, have up to 180 days to file their taxes after departing the area.

"Someone who is in Iraq right now would not have to file their 2004 tax return until they leave Iraq," she said.

However, some overseas servicemembers would want to file early because they may be due a refund, Colonel Fenton said. Military-operated tax centers at stateside and overseas locales can provide servicemembers with tax filing assistance, she said.

Married servicemembers deployed to combat and non-combat overseas locales can opt to have spouses file tax returns provided there is an applicable power of attorney.

The Whiteman Air Force Base Income Tax Assistance Office is open 8 a.m.-4 p.m. weekdays. The office is located in the community center's Meeting Room 1.

Volunteer Income Tax Assistance representatives are available to help prepare 2004 tax returns. Volunteers are only trained to help with 1040 E-Z, 1040A and basic 1040 forms. They can also electronically file federal tax returns to the Internal Revenue Service. Refunds are usually paid within two weeks. This is a free service provided to anyone with a military ID card.

To schedule an appointment for tax assistance, call 687-6020.

## Red carpet rollout

Maj. Gen. Anthony Przybyslawski

Air Force Personnel Center Commander

## News in brief

### Promotions announced

Two members of the 509th Bomb Wing were selected for promotion. They are:

**Col. (s) Les Martin**, 509th Mission Support Group deputy commander,

**Lt. Col. (s) Jose Santa Teresa**, 509th Bomb Wing Legal Office.

### Banquet scheduled

The 509th Bomb Wing's 2004 annual awards banquet begins 6 p.m. today at Mission's End. The menu is London broil, roasted new potatoes and green beans almandine. The cost is \$15 for senior airmen and below, \$17 for Tier 2 and civilians, and \$20 for senior NCOs and officers. Nonmembers add \$2.

Attire is mess dress or semi formal for military members, and coat and tie for civilians. Tickets are available from your squadron's first sergeant.

### NSPS regulations now available

The National Security Personnel System proposed regulations are available for public review and comment now through March 16. All civilian employees and managers are encouraged to visit the Whiteman Civilian Personnel Web site at <https://intranet.whiteman.af.mil/509BW/509MSG/509MSG/dpc/civ.htm> to review these proposed regulations. For more details, call Ed Harris at 687-6475.

### Death announcement

Col. Chris Miller, 509th Bomb Wing commander, regretfully announces the death of Airman 1st Class Michael Coleman, 509th Communications Squadron. Anyone having claims against or indebtedness to Airman Coleman's estate should call 1st Lt. Thomas Woodring, 509th Mission Support Group summary courts officer at 687-5011.

### BCC luncheon set

The next base community council luncheon begins at noon Thursday at Mission's End. California and Holden are the featured communities. The menu is southwest chicken wrap with chips, and the cost is \$8.50. Those interested in attending must R.S.V.P. by noon Monday. No late R.S.V.P.s will be accepted. To R.S.V.P. or for more details, call 2nd Lt. Mary Olsen at 687-6121.

### Alternate hospital routes set

Sijan Ave. will be closed on Tuesday from 8 a.m.-noon to install a new water main. During this time use these routes to get to the base hospital.

#### From the Spirit Gate

- ✓ Right on Houx Drive
- ✓ Left on Sijan Ave.

#### From Mitchell Ave.

- ✓ Take summit Drive
- ✓ First right at Midland Neighborhood
- ✓ Left on Mace Circle
- ✓ Right on Houx Drive
- ✓ Right on Sijan Ave.

### Turkey Shoot winner

The winner of this years Annual turkey shoot is ...



Photo by Airman 1st Class Lauren Padden

## Allies in the skies

British Assistant Air Attache Group Captain Andy Barrett sits in the cockpit of a T-38 prior to take off Tuesday. Captain Barrett also visited the 394th Combat Training Squadron during his tour of Whiteman.



# Extended deployments affect only 200 Airmen

By Master Sgt. David Byron  
Air Force Print News

WASHINGTON — Air Force officials are designating some positions in U.S. Central Command’s area of responsibility as 365-day extended deployments in an effort to provide stability and allow for long-term relationship building with host governments.

The new tour lengths currently affect about 200 key and critical operational and joint task force staff positions, officials said. People in the remaining positions will serve in the current air and space expeditionary force structure.

Air Force Chief of Staff Gen. John Jumper directed the extended tours in response to requests from joint task force commanders seeking continuity in selected positions, often where the local culture requires more time to establish meaningful ties with local people and host governments.

These key positions are an integral part of a combatant commander’s mission and the AEF structure. No new positions will be created; they will be converted from current AEF slots.

“Many career fields will not see a difference in deployment length,” Staff Sgt. Lorena Lewis, 509th Mission Support Squadron, said. “Only a very small portion of people from Whiteman can be affected by this change.”

“The positions will span a wide spectrum of Air Force career fields,” said Lt. Col. James Davis, Air Force assignment classification, retirements and separation policy chief. “There will be a good mix of enlisted and officer positions, mainly mid-level and up.”

Air Force Personnel Center officials will take the lead in finding people to fill most of the slots. Air Force Senior Leader Management Office officials will handle requirements for colonel and chief master sergeant positions, he said.

Colonel Davis said selections would be made during the course of the upcoming spring and summer assignment cycles with all being in place by August 2005.

Volunteers will be sought first, he said. If there are not enough volunteers, AFPC officials will use modified short-tour criteria to fill the slots. For colonels, AFSLMO officials will assign them

through major command channels.

Although these deployments may appear to be remote tours, they are not permanent change-of-station moves. It is not a goal to establish a permanent U.S. military presence in the region, and there is no Status of Forces Agreement in place covering permanent assignments, officials said. The positions will fall under the category of “indeterminate length” temporary duty assignments. That category will allow for certain entitlements to apply that are not available for standard temporary assignments.

“Although we can’t consider them regular short-tour assignments, they will be treated as such,” Colonel Davis said. “Lieutenant colonels and below who complete the tours will have priority for follow-on assignments, just like any other one-year tour.” Colonels completing the tours will be assigned according to normal colonel assignment procedures.

Family members also may be eligible for standard short-tour benefits.

Storage of household goods is one benefit offered to Airmen serving temporary assignments of 180 days or longer. There are possible options for moving the Airman’s family while deployed; the availability and extent of those options will be determined on a case-by-case basis.

Airmen may also have the option of returning to their former assignment, if there is a suitable vacancy, officials said.

There will be career benefits for Airmen serving these extended temporary assignments.

Airmen serving the 365-day TDYs will receive short-tour credit and be exempt from AEF or other contingency deployments for six months following their return home. Most of the joint task force positions will earn joint-duty credit depending on actual length of rotation, officials said.

“Our expectation is that all of the joint task force positions will get full joint credit,” Colonel Davis said. “We are currently validating the positions working this with the Joint Staff and (secretary of defense). Although we’re asking some of our Airmen to deploy for a longer period of time to meet mission needs, we’re constantly looking for the best options for our (Airmen) and their families.”



Photo by Airman Jason Burton

## Armor upgrade

Senior Airman Jesus Razo-Martinez, 447th Expeditionary Logistics Readiness Squadron, tightens a bolt on a bracket to secure new struts to a High-Mobility Multipurpose Vehicle. This humvee was recently up armored. Many humvees that have received armor upgrades require new brakes, shocks and struts to handle the added weight. Airman Razo-Martinez is a member of 509th LRS Vehicle Maintenance Flight.

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## 21 graduate ALS

Airman Leadership School Class 05-B graduated one staff sergeant and 20 senior airmen Feb. 10 at Mission's End.

Award winners are:

**Senior Airman Matthew Bult**, 509th Maintenance Squadron, John Levitow

**Senior Airman James Casselman**, 509th Aircraft Maintenance Squadron, Distinguished Graduate

**Staff Sgt. Christopher Carpenter**, 509th Communications Squadron, Leadership Award

**Senior Airman Nathaniel Oglesby**, 509th AMXS, Academic Achievement Award

The other senior airmen graduates are:

**George Gibson**, **William Brady** and **Jimmy Hardwick**, 509th AMXS, **Christopher Manns**, 509th Civil Engineer Squadron, **Gregory Mills**, 509th Logistics Readiness Squadron, **Sonja Parks** and **Joyce Baum**, 509th Medical Operations Squadron, **Bradley Coombs**, 509th Munitions Squadron, **Victor Chavez**, **Ronald Jacobs** and **Dennis Valerio**, 509th MXS, **Jeffrey Miller**, 509th Operations Support Squadron, **Damien Needom**, **Kyle Smith**, **Nathanial Petersen** and **Karrie Ruehl**, 509th Security Forces Squadron, and **Amber Euman**, 29th Training Support Squadron.

## AFAF donation campaign continues

Air Force members helping each other is what the Air Force Assistance Fund relies on. The donation drive ends March 29.

The AFAF campaign benefits active-duty, Reserve, Guard and retired members and their families, including surviving spouses and their families.

Unit representatives are:

**2nd Lt. Jesse Greene**, 394th Combat Training Squadron, 687-4234,

**2nd Lt. Mark Matthews**, 72nd Test and Evaluation Squadron, 687-3894,

**Master Sgt. Yolanda Newton**, 715th Weapons School, 687-1119, **Senior Airman Kim Hayes**, 509th Medical Group, 687-4309, **Tech. Sgt. Erin Hartswick**, 509th Medical Operations Squadron, 687-2128,

**Tech. Sgt. James Esarey**, 509th Medical Support Squadron, 687-1194,

**Bob Berger**, 509th Mission Support Squadron/ 509th Bomb Wing, 687-7132,

**Tech. Sgt. Paris Everson**, 509th Contracting Squadron, 687-1172,



Photo by Senior Airman Joe Laddan

**Col. Chris Miller**, 509th Bomb Wing commander, makes the Combined Federal Campaign donation as **Capt. Adam Ratley**, 509th Munitions Squadron, and **2nd Lt. Jesse Greene**, 394th Combat Training Squadron, look on.

**Airman 1st Class Janice Prudente**, 509th Comptroller Squadron, 687-7911,

**1st Lt. Thomas Woodring**, 509th Communications Squadron, 687-5011,

**2nd Lt. Rachel Hamlyn**, 509th Civil Engineer Squadron,

**2nd Lt. John Garvey**, 509th Logistics Readiness Squadron, 687-6197,

**1st Lt. Linda Youngstrand**, 509th Security Forces Squadron, 687-1350,

**Senior Airman Steven Davis**, 509th Services Squadron, 687-5469

**Master Sgt. Richard O'Brien**, 509th Maintenance Group, 687-2033,

**2nd Lt. Scott Orme**, 509th Maintenance Operations Squadron/ Maintenance Group, 687-4531,

**Master Sgt. James Hawkins**, 509th Aircraft Maintenance Squadron, 687-3731,

**Master Sgt. Brad Case**, 509th MUNS, 687-3095,

**Staff Sgt. Rebecca Boden**, 509th Operations Group/ 509th Operations Support Squadron, 687-2635,

**Senior Airman Joshua Buckholts**, 325th Bomb Squadron, 687-4821,

**2nd Lt. Phyllis Pelky**, 393rd Bomb Squadron, 687-1520,

**Staff Sgt. John Ehrenfeld**, Detachment 5, 29th Training Support Squadron.

For details, visit <https://intranet.whiteman.af.mil/AFAF/index.htm>.

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Photo by Senior Airman Joe Lacdan

**Airman 1st Class Jason Muniz, 509th Services Squadron, was attending the Survival, evasion, resistance, and escape training school at Lackland Air Force Base, Texas, when multiple knee injuries ended his SERE career hopes. He has since begun a new career as a food services apprentice.**

## Back in Business

### SVS Airman rebounds from injury



**By Senior Airman Joe Lacdan**

Public Affairs

Clenching a dust pan and broom, Papa Muniz watched his former teammates trudge out of their dormitory with loaded ruck sacks for another grueling day under the scorching Texas sun. That should be me out there, he thought as he stared down at his two braced knees.

Ten months of sleep deprivation periods, endless marches through the woods, screaming instructors, ended with little consolation.

Papa, or Jason Muniz, now an airman first class with the 509th Services Squadron, was on a quest to become a survival, evasion, resistance and escape instructor at Lackland Air Force Base, Texas, when it happened.

His team entered a shallow creek during a field training exercise. Suddenly, he felt his ankle twist as he stepped on a rock and tumbled into the cold water. Airman Muniz felt a burning sensation in his knee but marched on.

Soon, the burning became unbearable.

"I could barely walk on it," he said. "After that last fall, it just got worse."

A few days later, a doctor at Wilford Hall had devastating news.

"They told me if I kept it up I would need surgery," he said.

Realizing he would need weeks of therapy, his instructors had to pull him from the course.

"I was disappointed that I didn't finish, but I've never regretted it," Muniz said. "It's still one of the defining periods of my life."

Before enlisting, Airman Muniz proved he could overcome challenges. He became a successful businessman, heading his own distribution company and also working as a communications consultant in his native Kalamazoo, Mich. Airman Muniz said he had spent seven years serving himself, after graduating from Comstock High

School in 1997. He decided in the spring of 2003 he wanted to serve others.

While researching online, he learned about SERE training and enlisted in the Air Force in July 2003.

"At the time I wore a suit every day," Muniz said. "I tried to think what was the furthest thing away from that I could do, so I enlisted."

"(SERE training) was a radical change of pace," said Airman Muniz, 25. "I try to redefine who I am every so often."

After beginning SERE Training, he was redefined as a leader. Airman Muniz's instructors noticed his enthusiasm and how he mentored new trainees, naming him a team leader a few weeks into the course.

His leadership skills also earned him the nickname "Papa."

"He was real bright," said Staff Sgt. Joe Monreal, Airman Muniz's SERE instructor at Lackland. "He would show the (new trainees) the ropes."

Even after his dismissal from the class, he continued to encourage and offer advice to new trainees. His inactive status relegated him to dorm duties.

"I still tried to do whatever I could for the team," Airman Muniz said. "It was pretty tough. I would be doing a detail and I could hear them doing a Jody or set of pushups."

A reclassification into another career field didn't dampen his spirits. Since arriving at Whiteman in July 2004 as a food services apprentice at Ozark Inn, Airman Muniz said he is laying the groundwork for his next endeavor: purchasing and selling foreign currency. He also said he's serving a greater good than just himself. He also plans to join the Boys and Girls clubs to continue helping others.

"I'm still in the military I'm still serving the country," he said. "Things always work out even if it's not how you thought they would."

"I had the experience that I'll never forget," Airman Muniz said. "Because I learned a lot about what I can do when pushed."





Staff Sgt. Michael Taylor, 509th Aircraft Maintenance Squadron, reviews a technical order manual as Staff Sgt. Edwin Paxton, 509th Maintenance Group, looks on. Sergeant Paxton was one of three evaluators for this year's bomb loading competition. Load crews are evaluated during the loading operation to ensure they perform a safe and reliable munitions

load in accordance with applicable technical data. The winning crew of the competition is selected by having the highest overall score for the entire competition. The crews are evaluated on load, knowledge testing, Air Force Instruction 36-2903 Dress and Appearance Uniform Inspection, as well as a composite tool kit inspection.



Photos by Senior Airman Neo Martin

From right: Master Sgt. Joseph Eccelton, 509th Maintenance Group B-2 loading standardization crew team chief, reviews procedures with members of a 509th Aircraft Maintenance Squadron load crew during the competition Wednesday. During the loading operation, load crews are evaluated to ensure they perform a safe and reliable munitions load in accordance with applicable technical data.



509th Aircraft Maintenance Squadron members, Senior Airman Nathaniel Oglesby checks an inert 2,000-pound training munition as Staff Sgt. Micheal Taylor reads the technical orders for the procedure. Load crew members must keep themselves proficient by studying and knowing their job. Crews are evaluated on a monthly basis to maintain certification on munitions to load.



Staff Sgt. Edwin Paxton, 509th Maintenance Group, watches as Senior Airmen Devay Carter and Nathaniel Oglesby secure the bomb bay door on the Weapons Load Trainer Wednesday. The annual weapons load crew competition winners will be announced at the Maintenance Professional of the Year Banquet April 8.



Members of a 509th Aircraft Maintenance Squadron load crew prepare to load an inert training bomb into the Weapons Load Trainer during a recent weapons load competition. "Our load crews are always ready to support the B-2 mission. Competitions like this help to sharpen their

skills and put deeper focus on the little details of the loading process. It also promotes esprit de corps in the wing weapons community," Master Sgt. Joseph Eccelton, 509th Maintenance Group B-2 loading standardization crew team chief, said.



# Baby tooth care helps smile last

**By Capt. Sara Hogge**  
509th Medical Operations Squadron

Infant dental care is important in preventing oral diseases like cavities and gingivitis. It also teaches children good oral hygiene habits that will benefit them throughout their lives. Prevention and early intervention can help keep a child's teeth healthy and strong. Pediatric dentists recommend cleaning a child's mouth as early as the first days of life. To do this a parent can use a warm, moist washcloth or gauze to gently wipe the insides of the cheeks, tongue, and gum tissue in the morning and before bed. For a better view of a baby's oral cavity, place the baby's head in your lap with its feet pointed toward your feet. Once the front teeth begin to come through the gum tissue, it's imperative they're cleaned twice daily. A soft infant toothbrush can be used with no toothpaste, or a washcloth will also suffice. Once the back teeth begin to come in, a child's soft toothbrush is recommended and toothpaste should be used sparingly to avoid having it swallowed. Toothpaste is not a necessity; however, it can make toothbrushing more fun for a young child. The bacteria living in the mouth digests any sugar eaten and use it as an energy source. The by-product produced is acid, which dissolves tooth structure and is responsible for causing cavities. Even foods and drinks that are good for the body aren't always good for the teeth. Milk, formula, juices, soda and most any drink except water, all contain sugar which can cause tooth decay. Many children fall asleep while nursing or drinking from a bottle. A baby should never be put to sleep with a bottle because the liquid pools in the mouth and bathe the teeth all night long. Usually saliva will help to wash sugar off of teeth, but a sleeping child has a drastically reduced saliva flow, so any protective effect is lost. This can lead to a very aggressive type of

cavities in babies and young children. If this condition isn't caught early by a dentist, it can become extremely painful for the child and may lead to early tooth loss. Nothing except water should be consumed after teeth are brushed for the night. Fluoride is also important during tooth development. It becomes incorporated into the structure of the tooth and makes it more resistant to decay. Some rural areas may not have adequate levels of fluoride in the drinking water. Pediatricians can prescribe daily supplements for children from 6 months to 16 years depending on the age and level of fluoride present. Have the water tested and see a pediatrician for details if there are any doubts. Though gum disease is not common in children, it can occur. Proper brushing and flossing when appropriate is important to remove the plaque that causes gingival diseases. If a child's gums appear puffy or bleed when brushed, these could be signs of a problem. Many parents ask, "Aren't they just baby teeth?" The child's primary teeth, or baby teeth, are important for the correct eruption of the adult teeth — they act as space holders so their replacements have enough room to align properly and keep the child's bite in a favorable position. They also help to establish speaking and swallowing patterns, and play a large role in the social development of the child. Young children who are missing teeth are more self-conscious and less willing to smile. The American Academy of Pediatric Dentistry recommends children see the dentist after the appearance of their first tooth, but not later than the first birthday. Prevention is an important part of oral health, because early detection can help stop progression of cavities and gum disease before it's too late. Play an active part in the baby's oral health by cleaning its mouth daily, and seeing a dentist at least once a year for an exam.

## What's happening

**Assessment survey set**  
The base training and education services flight is conducting a needs assessment survey to gauge the educational needs of the Whiteman community. Active-duty military, dependents, civilians, and contractors are asked to complete the survey. To access the survey, visit <https://afvec.langley.af.mil/> and click on "Take the Survey." Feedback and comments are vital in ensuring the base training and education services flight offers programs that fit your needs.

**MSA to conduct inventory**  
The munitions storage area will conduct a 100 percent inventory Monday-March 4. Only valid emergency issue requests will be processed during the duration of the inventory. For more details, call munitions accountability at 687-4465 or 687-4456.

**Free training offered**  
The Air Force Aid Society is paying for training classes to teach entry-level employment skills to spouses of active-duty Air Force members. The goal of the training is to enhance immediate employment opportunities. Classes include medical terminology at State Fair Community College, Microsoft Office at SFCC, career orientation and workplace skills at Central Missouri State University, and Kitchen Production at CMSU. Registration for these classes are on a first-come, first-served basis, and are limited to 10 students each and one class per spouse. However, spouses

can place their name on a waiting list for any other class of their choice. For more details or to sign up, call the FSC at 687-7123.

**Nomination deadline set**  
Nominations for the Air Force Volunteer Excellence Award are due to the family support center by March 11. The award was established to recognize federal civilians, family members, and military and federal retirees who perform outstanding volunteer community service of a sustained, direct and consequential nature. Because of its significance, only four people from Whiteman will be recognized during the annual volunteer reception April 27. For more information, call Bob Berger at 687-1222.

**Free training offered**  
The Air Force Aid Society is offering 4,500 college grants. Applications for the \$1,500 need-based grants must be received by March 11. The program is open to dependents of active duty, Guard or Reserve performing active duty and retired or deceased Airmen. Applicants must be enrolled as full-time undergraduates at an accredited college or university during the 2005-2006 academic year and must maintain a 2.0 grade point average. Selection is based on cost of attendance, income and number of applicants. For more details and application instructions, visit the AFAS Web site at <http://www.afas.org> or call 800-429-9475.

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## Spotlight on justice

In December, 13 people received Articles 15 and seven were discharged.

### Article 15 actions

A senior airman from the 509th Aircraft Maintenance Squadron received an Article 15 for misuse of a government credit card. Punishment was a suspended reduction to airman first class and 45 days extra duty.

A senior airman from the 509th Civil Engineer Squadron received an Article 15 for use of marijuana. Punishment was reduction to airman first class and 14 days extra duty.

An airman first class from the 509th Logistics Readiness Squadron received an Article 15 for underage drinking, damage of government property valued at less than \$500.00 and misuse of a government credit card. Punishment was a suspended reduction to airman, suspended forfeiture of \$668 for one month, 30 days base restriction and 30 days extra duty.

An airman from the 509th Medical Support Squadron received an Article 15 for underage drinking. Punishment was 30 days base restriction and 15 days extra duty.

An airman basic from the 509th MSS received an Article 15 for underage drinking. Punishment was 30 days base restriction and 15 days extra duty.

An airman from the 509th Operations Support Squadron received an Article 15 for underage drinking. Punishment was reduction to airman basic and 30 days base restriction.

An airman from the 509th Security Forces Squadron received an Article 15 for sleeping on post. Punishment was reduction to airman basic, forfeiture of \$596.00 for two months, 45 days extra duty and a reprimand.

An airman from the 509th SFS received an Article 15 for failure to go to place of duty at prescribed time. Punishment was reduction to airman basic and a reprimand.

An airman first class from the 509th SFS received an Article 15 for driving while intoxicated. Punishment was a reduction to airman, suspended forfeiture of \$668.00 for two months, 45 days extra duty with 30 days suspended and a reprimand.

An airman first class from the 509th SFS received an Article 15 for failure to go to two official appointments. Punishment was reduction to airman and a reprimand.

An airman first class from the 509th SFS received an Article 15 for failure to go to an official appointment at the prescribed time, failure to refrain from possessing unauthorized items on post and being incapacitated at work due to drunkenness. Punishment was reduction to airman, 20 days extra duty and a reprimand.

An airman first class from the 509th SFS received an Article 15 for larceny of items under \$500.00. Punishment was reduction to airman, 45 days extra duty.

An airman first class from the 509th SFS received an Article 15 for underage drinking, damaging government property under \$100.00 and larceny of items under \$500.00. Punishment was a reduction to airman, 45 days extra duty and a reprimand.

A staff sergeant from the 509th SFS received an Article 15 for driving while intoxicated. Punishment was a reduction to senior airman, suspended forfeiture of \$907.00 for two months, 45 days extra duty with 30 days suspended and a reprimand.

### Discharges

A senior airman from the 509th LRS received a general discharge for a pattern of misconduct. The misconduct included disrespecting and threatening an NCO, being late to work, disobeying a lawful order, stealing and making racial comments.

An airman first class from the 509th CES received a general discharge for use of marijuana.

An airman basic from the 509th OSS received a general discharge for minor disciplinary infractions. The misconduct included being late for duty, acting unprofessionally violating orders or regulations and underage drinking.

An airman basic from the 509th SFS received a general discharge for minor disciplinary infractions. The misconduct included sleeping on post and underage drinking.

An airman first class from the 509th MXG received a general discharge for a pattern of misconduct. The misconduct included being late for duty, failure to pay just debts, adultery and making racial slurs.

A senior airman from the 509th OSS received a general discharge for minor disciplinary infractions. The misconduct included failure to obey a no contact order and for willfully failing to pay a government travel card.

An airman basic from the 509th Medical Group received a general discharge for minor disciplinary infractions. The misconduct included underage drinking, driving on a suspended license and violating base restriction.



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## Family album



**Emily Anna**, daughter of Capt. Corey and Denise Hummel, was born Jan. 13, and weighed 7 pounds and 8 ounces.



**Dawson Luke**, son of Staff Sgt. David and Christy Gott, was born Jan. 26, and weighed 8 pounds and 12 ounces.



**Hunter Bradley**, son of Capt. Rob and Valerie Finch, was born Feb. 4, and weighed 7 pounds.



**Lindley Jane**, daughter of Capt. Jonathan and Lacy Richards, was born Feb. 14, and weighed 7 pounds and 15 ounces.



### Photos unavailable

**Richard Eric Navarre**, son of Tech. Sgt. David and Dedra Griffith, was born Jan. 12, and weighed 6 pounds and 3 ounces.

**Gabe William**, son of Petty Officer Scott and Jaime Young, was born Jan. 20, and weighed 7 pounds and 15 ounces.

**Sofie Ella**, daughter of Capt. Geoff and Teresa Romanowicz, was born Jan. 24, and weighed 8 pounds and 1 ounce.

**Jassmyn Kirina**, daughter of Senior Airman David and Courtney Seenauth, was born Feb. 3 and weighed 7 pounds and 10 ounces.

**Seth Allen**, son of Senior Airman Jacob and Alicia Marsh, was born Feb. 12, and weighed 7 pounds and 1 ounce.

### About the family album

Parents interested in placing a newborn's photo in the Whiteman Spirit can either submit a non-copyrighted photo or have a photo taken in Bldg. 509, Suite 111.

For more details, e-mail [whiteman.spirit@whiteman.af.mil](mailto:whiteman.spirit@whiteman.af.mil) or call 687-6133.

## Don't miss Tricare benefits

Parents of newborns or adopted children must register them in the Defense Eligibility Reporting System no later than 60 days after the event to receive Tricare Prime benefits. To do this, the sponsor must take a copy of the child's birth certificate or adoption papers to the military personnel flight customer service section. After enrolling in DEERS, parents can get a Tricare enrollment forms at the 509th Medical Group Tricare Service Center or at <http://www.triwest.com>. To get one by mail, call 888-TRIWEST (874-9378).



# Lessons of integrity found in dodgeball

By Chief Master Sergeant Paul Weseloh

376TH Air Expeditionary Wing command chief

**MANAS AIR BASE, Kyrgyzstan (AFPN)** — The sidelines erupt with yells of “He’s out,” or “She crossed the center.” The players look to the referees for a call, “Am I out or not?” Dodgeball games at the fitness center are an integrity-based game. There are obvious hits, but the majority of hits require the player to self-identify a hit and step out of the game. While watching a game recently, I thought how this was a classic Air Force core-values lesson on Integrity First.

Integrity is a character trait. It’s the willingness to do what is right even when no one is looking. It’s the “morale compass.” It’s the inner voice; the voice of self-control; the basis for the trust imperative in today’s military.

Integrity is the ability to hold together and properly regulate all the elements of a personality. A person of integrity, for example, is capable of acting on conviction. A person of integrity can control impulses and appetites.

But integrity also covers several other moral traits indispensable to national service.

✓ **Courage.** A person of integrity possesses moral courage and does what is right even if the personal cost is high.

✓ **Honesty.** Honesty is the hallmark of the military professional because in the military, our word must be our bond. The bottom line is we don’t lie, and we can’t justify any deviation.

✓ **Responsibility.** No person with integrity is irresponsible; a person of true integrity acknowledges his or her duties and acts accordingly.

✓ **Self-respect.** To have integrity also is to respect oneself as a professional and a human being. A person of integrity does not behave in ways that would bring discredit upon him or herself or the organization to which he or she belongs. Look at the impact that alleged steroid use is having on Major League Baseball and the integrity of the players and records involved.

✓ **Humility.** A person of integrity grasps and is sobered by the awesome task of defending the Constitution of the United States of America.

As we engage in the war on terrorism and represent our service and our country, do it with Integrity First, followed by Service Before Self and finally Excellence In All We Do. Have fun playing Dodgeball ... and have a great Air Force day!

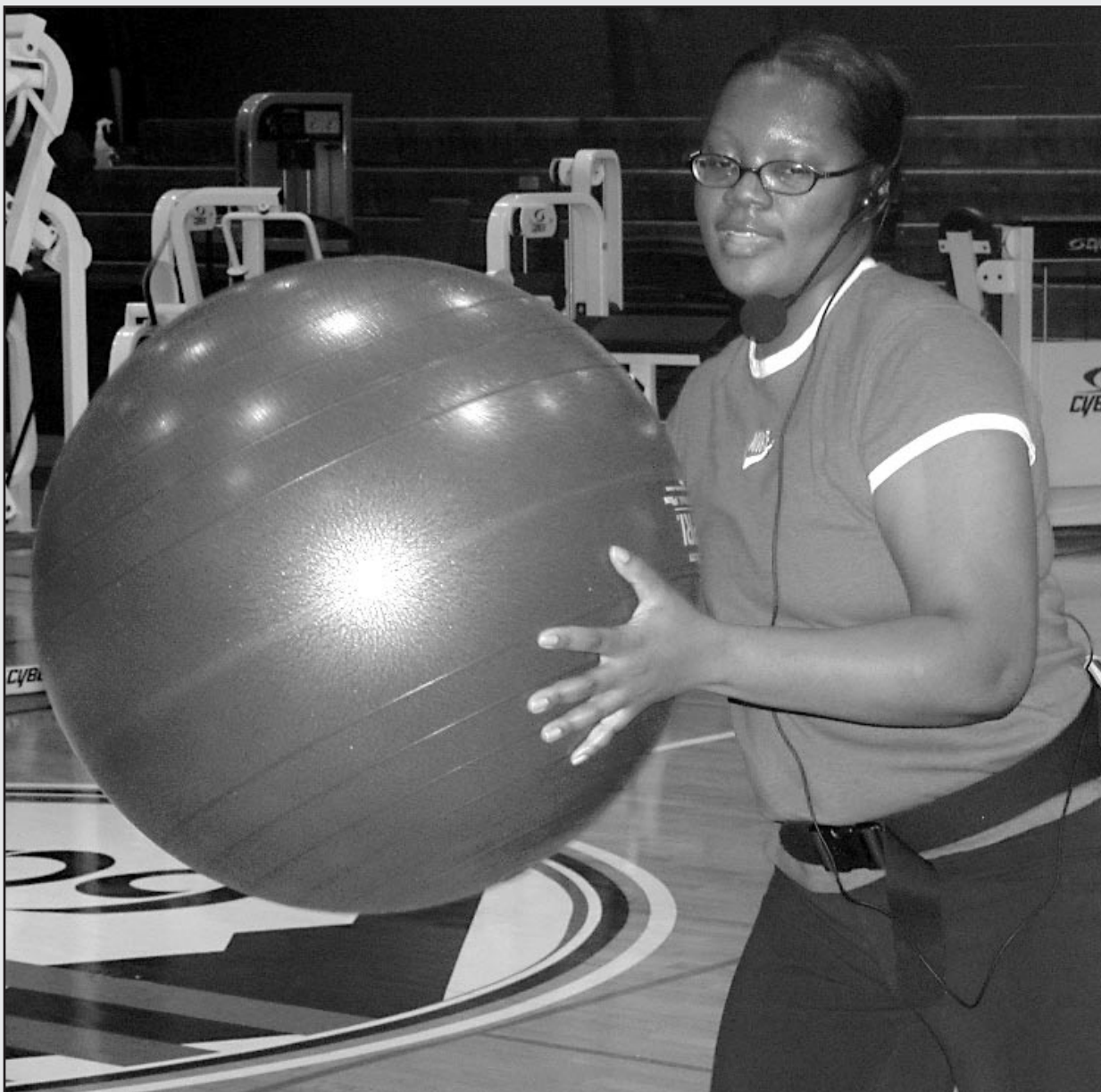


Photo by Senior Airman Joe Lacdan

## Fitness sphere

**Nicole Williams leads the Bounce and Burn cardio aerobic. The class begins at 12:30 p.m. Wednesdays at the fitness center. For more details, call 687-5497.**

# Youth sports teaches children life lessons

## Volunteers needed to coach, officiate spring games

By Debbie Kermick

Youth Center director

Spring is just around the corner and there is no better time for youth of all ages to enjoy the outdoors and no busier time for Whiteman Youth Sports. Spring soccer is in full swing and baseball registration begins in March. Recruitment of volunteer coaches and officials is vital to the success of these and other sports seasons.

Participation in youth sports can have many benefits for children. Being involved in sports creates opportunities for learning both physical and social skills. Children also learn a number of moral skills including the values of treating their peers with respect and understanding of differences. Life-long skills such as discipline, perseverance and teamwork are taught by volunteer coaches and help children develop a sense of self-worth, help them set personal goals and help them understand their abilities.

These benefits are not provided for youth by participation alone. The benefits of Youth Sports are provided to a child when positive experiences are fostered by adult role models such as parents, coaches, officials and program administrators. The strength of the youth sports program lies with these volunteers. Many times the experience a child has in the program, and their aspirations for future sports participation, is a direct result of the quality of the coaching they have received.

Children have a wide variety of choices when it comes to selecting their role models. Although they can dream about becoming a professional star or athlete, more often children find their true role models from within the circle of adults who have an influence on their lives each day. In youth sports, children learn from the lessons taught by their coach and from what they see being modeled by the behavior of their parents and other adults. In the process of sports participation, more than 700 Whiteman youth develop behavioral attitudes that they will carry with them for the rest of their lives.

The role of a volunteer coach or official is vital to the healthy emotional development of children. There is a tendency for youth in sports to rely upon adult feedback to form their self perception. In other words, children’s image of their worth is based upon what they hear from others and once they form this image they tend to screen out whatever

doesn’t match this image. Showing acceptance of the children, taking an interest in each player regardless of age, size or ability and offering lots of encouragement are essential in youth sports coaching.

The Whiteman Youth Sports Program offers adult volunteers the opportunity to make a difference in the lives of children. Training and certification by the National Youth Sports Coaches Association is provided and funded by the program.

Coaches have direct input into how the season will run and setting rules for different ages. They receive the tools, resources and equipment necessary to offer a quality experience for young athletes. Youth Sports Administrators provide the best possible environment for children through an extensive screening process, a rigorous training agenda and hands-on support through continuous observation and evaluation of the program.

“Youth Sports volunteers may never see the end result of the hours they spend mentoring young athletes,” said Kelley Beck, Youth Sports Director. “Coaches can be assured that they have positively impacted the lives of children and provided them affiliation with a group, fitness and conditioning, a sense of competence through learning and improving skills and most importantly — fun!” To volunteer, call Kelley Beck at the Youth Center or by calling 687-5586.





Services Page editor.....Jamie Jennings  
509th Services Squadron.....687-6525  
\*No federal endorsement of mentioned sponsors intended.

## Sports & Recreation

### Outdoor Recreation 687-5565

#### Overtime rock climbing

Open climbing is available 5:30-9 p.m. March 4. for certified climbers. A certification class takes place 6-8 p.m. The course for new climbers will show basic rock climbing skills, encourage teamwork and use of equipment.

#### Wall climbing class

A certification class takes place 9-11 a.m. March 5. The course for new climbers will show basic rock climbing skills, encourage teamwork and use of equipment.

### Fitness Center 687-5496

#### St. Patrick's Day Racquetball Tournament

Two person teams can sign up now through March 11 for this tournament. Matches will be played 11 a.m.-1 p.m. March 14-17. For more information contact the fitness center staff. Sponsored in part by GNC\* in Warrensburg, Mo.

#### March Madness Basketball Tournament

A tournament takes place 11 a.m.-1 p.m. March 21-25. Sign your three person team up by March 16 at the fitness center front desk for this tournament. For more information contact the fitness center staff. Sponsored in part by GNC\* in Warrensburg, Mo.

### Royal Oaks Golf Course 687-5572

Lockers at the Royal Oaks Golf Course need to be cleaned out by March 11. Lockers that are not cleaned out by March 11 will be opened, items will be bagged up and taken to the new club house.

## Food & Fun

### Mission's End 687-4422

#### Sunday afternoon brunch

Brunch will be offered 11 a.m.-1 p.m. Sunday. The menu includes: scrambled eggs, sausage, hash browns, biscuits and gravy, roast beef, seafood (baked or grilled), rice, mashed potatoes, vegetables, salad, fruit, desserts and drinks. Brunch is offered for \$10 for people ages 13 and older, \$8 for ages 6-12 and \$2 for ages 5 and younger. Club members and their families receive \$2 off.

#### ACC \$1 Dinner

The ACC \$1 dinner takes place 5-7 p.m. March 17 at the Mission's End. Club members can enjoy corned beef, roast beef, cabbage, green beans, boiled potatoes, salad, dessert and drinks. The cost is \$1 per member. This is a members only event.

### Stars & Strikes 687-5114

#### Luck of the Irish Tournament

A triplex trios tournament takes place at 6 p.m. March 14 at the bowling center. Teams must sign up by March 13. The cost is \$45 per team for the prize fund. Team score is based on the best score bowled on each frame. For more information contact the bowing center staff. This tournament is sponsored in part by Speedway Chevrolet\* and Action Realty\*.

#### Deployed family members meal

The Ozark Dining facility is serving a meal for deployed family members 4:30-8 p.m. March 3 and 17. The menu will include "kid friendly items". This is cash only please. Please bring a copy of your spouses orders with you. For more information please call 687-1383.

## Community Activities

### Skills Development Center 687-5691

#### Semi-Annual stained glass sale

The skills development center offers a 25 percent discount on all in-stock stained glass during the month of March.

### Veterinary Clinic 687-2667

#### Does your pet have bad breath?

The vet clinic now carries a large selection of dental products for your furry friends. We have toothpaste, water additives, and greenies chews to help your pet with oral hygiene. Call or stop by to check out our line of dental care products. Visit the vet clinic at 401 Lockbourne Terrace between 9 a.m.-3:30 p.m. Mondays, Wednesdays and Fridays or 8:30-2:30 p.m. Tuesdays and Thursdays.

### Family Child Care 687-1180

#### Profitable, home-based career offered

Providers are needed to provide care for the following: evenings, weekends, swing shift workers, infants, special needs and mildly-ill children. Providers with chronic health problems are accepted. The Air Force is now offering a subsidy for providers who are willing to meet this critical need. Providers who hold a standard license are subsidized \$125 a week per qualifying child. Call 687-5590/1180 for more information.

### Youth Center 687-5586

#### Coach Pitch & T-Ball Registration

Kindergarten through seventh graders can pick up a registration packet 6:30 a.m.-6 p.m. Tuesday-March 14 at the youth center. Completed packets can be returned for enrollment 7 a.m.- 1 p.m. March 14 or 12 p.m.-8 p.m. March 15. Enrollment will not be allowed if registration packets are not complete. The cost is \$30 for members and \$38 for nonmembers Must be 5 years old before Tuesday.

#### Volunteer coaches are needed

Volunteers are needed for kindergarten to grade 12 coach pitch, softball, t-ball and baseball. Training and certification are both provided by the youth center. Stop by the youth center to pick a volunteer packet. Call the 687-3199 for information and to sign up.

#### National photography club

This club meets from 3:45 -4:45 p.m. Wednesday and March 10, 17, 24 and 31. Youth can sign up Tuesday and Wednesday for this club. For more information please contact the youth center staff.

#### St. Patrick's day party

Join the youth center for the annual K-7 party. Youths can have their face painted or play games in the gym. Play bingo for prizes or play games with friends in the lobby. The cost is \$6 for members and \$7.50 for nonmembers.

### Tickets & Travel 687-5643

It's cruise time at Tickets & Travel. Stop by 9 a.m.-5 p.m Tuesdays - Saturdays to book your next cruise, family vacation or business trip.

### Teen Center 687-5819

#### Teen bowling

Teens can enjoy bowling at the Stars & Strikes bowling center 6-10 p.m. today. Teens should bring money for games and shoes.

#### Midnight basketball

Join friends and family for a few friendly games of pick up basketball 9 p.m.-midnight Saturday.

#### Dinner and a movie

Teens can take a trip to Sedalia, Mo. 5-10 p.m. March 4 for dinner and a movie. Transportation cost is \$1, bring money for dinner and the movie. Sign up by Wednesday.

#### Shopping trip to Independence Mall

Teens can enjoy a fun day of shopping at the mall noon-8 p.m. March 5. The cost is \$2. Bring money for shopping and snacks.

#### Baseball and softball sign ups

Youths ages 10 and older can sign up Tuesday-March 14 for Tri-County baseball and softball. Youths will play on gender specific teams against opponents from 10 surrounding communities. The cost is \$30 for members and \$38 for nonmembers.

### Community Center 687-5617

#### Teddy bears picnic

Children ages 3-7 and their parents are invited to bring their teddy bear from 3-5 p.m. March 5 to the community center for a picnic and games. Refreshments will be served.

#### You must have been a beautiful baby

Submit a favorite picture of your baby to be publicly displayed and voted on. Bring your photo to the community center March 10-15 with baby's and parents' names, phone number and birth date on the back. Voting will take place March 25. Ballots will be counted to decide winners at 6 p.m. March 25. Babies must be 12 months or younger. Prizes will be awarded to all participants. No professional photos please. Pictures can be picked up after March 29.

## Movie Schedule

#### Friday

Coach Carter 7 p.m. PG-13  
Starring — Hayden Panettiere and voice of Frankie Muniz

#### Saturday

Assault on Precinct 13 7 p.m. PG-13  
Starring — Ethan Hawke and Lawrence Fishburne

#### Sunday

In Good Company 5:30 p.m. PG-13  
Starring- Jennifer Garner and Terence Stamp

Adults: \$3.50 Children: \$1.75  
Movie Recording Line: 687-5110

Movies subject to change due to availability. For current and future movie listings log on to

<http://www.aafes.com/ems/conus/whiteman.htm>.